

## Client Evaluation of Counseling

Please circle the number below for each statement relating to your **most recent session** with your counselor.

In this session did your counselor:	Not at All	A Little	Sometime	A Great Deal	Always
1. Help you to talk about changing your behavior.	1	2	3	4	5
2. Make you talk about something you didn't want to discuss.	1	2	3	4	5
3. Help you discuss your need to change your behavior.	1	2	3	4	5
4. Help you discuss the pros and cons of your behavior.	1	2	3	4	5
5. Argued with you to change your behavior	1	2	3	4	5
6. Help you feel hopeful about changing your behavior	1	2	3	4	5
7. Act as a partner in your behavior change.	1	2	3	4	5
8. Help you recognize the need to change your behavior.	1	2	3	4	5
9. Tell you what to do.	1	2	3	4	5
10. Help you feel confident in your ability to change your behavior.	1	2	3	4	5
11. Act as an authority on your life.	1	2	3	4	5

## Scoring Instructions

Reverse scored items: 2, 5, 9, 11

Total score: add all 11 CEMI items. Higher score = more MI consistent.

CEMI relationship/MI inconsistent score: 2, 5, 9, 11

CEMI Technical score: 1, 3, 4, 6, 7, 8, 10

### Suggested reference for this version of the CEMI.

Madson, M. B., Bullock, E. E., Speed, A. C., & Hodges, S. A. (2009). Development of the client evaluation of motivational interviewing. *Motivational Interviewing Network of Trainers Bulletin*, *15*(1), 6-8.

Madson, M. B., Mohn, R. S., Schumacher, J. A., & Landry, A. (2015). Measuring client experiences of motivational interviewing during a lifestyle intervention. *Measurement and Evaluation in Counseling and Development*, *48*, 140-151.

Madson, M. B., Mohn, R., Zuckoff, A., Schumacher, J. A., Kogan, J., Hutchison, S., Magee, E., & Stein, B. (2013). Measuring Client Perceptions of Motivational Interviewing: Factor Analysis of the Client Evaluation of Motivational Interviewing Scale. *Journal of Substance Abuse Treatment*, *44*, 330-335.

Madson, M. B., Villarosa, M. C, Schumacher, J. A & Mohn, R. S. (2016). Evaluating the validity of the Client Evaluation of Motivational Interviewing scale in a brief motivational intervention for college student drinkers. *Journal of Substance Abuse Treatment*, *65*, 51-57.